

SAFEGUARDING NEWSLETTER

AUTUMN 1 2025-2026



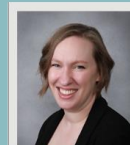
SPOTLIGHT ON... OUR SAFEGUARDING TEAM

Our school's Designated Safeguarding Lead (also called a DSL) is Carla Lawes (Senior Assistant Headteacher). She is responsible for ensuring that children are safeguarded effectively at ARH. She is supported by a team of Deputy DSLs: Miss Kedzior, Mrs Colley, Mrs Elverstone, Mrs Nanda, Mr Holder and Mr Gregory. Ms Johnson supports the safeguarding team where there are concerns related to attendance. Our Safeguarding Team can be recognised by our red lanyards and from posters around the school. This information is shared with the children on an annual basis. If ever you have a safeguarding concern, please don't hesitate to let us know.

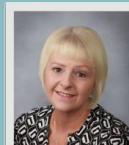


SAFEGUARDING

If you have any concerns regarding the safeguarding or welfare of a child or family in school, please speak in confidence to one of the following people.



Carla Lawes
Designated Safeguarding Lead



Ann-Marie Kedzior
Deputy DSL



Samuel Gregory
Deputy DSL



Emma Colley
Deputy DSL



Krupa Nanda
Deputy DSL



Wayne Holder
Deputy DSL



Holli Elverstone
Deputy DSL

Our DSLs can be identified by their **red lanyards**.

TRICK OR TREAT!

It's that spooky time of year again! Many of us will be taking our little monster's trick or treating this Halloween and it's so important to keep them as safe as possible. Make sure they are confident with their road safety before going out and about and always trick or treat with a responsible adult. It might be a good idea to ensure they have good visibility in their costume (beware masks!) and have reflective tape or stickers on their clothes to help others to see them on these dark and eerie nights!

Find out more [here](#).

BONFIRE NIGHT SAFETY

Find out more information on bonfire night safety [here](#) and [here](#) and there's a helpful video [here](#).



MANAGING CHILDREN'S ANGER

With thousands of children turning to Childline for anger issues support each year it's understandable to worry about what's happening and why. [This page](#) is here to help you find ideas you can try to help you cope with your child's anger.

SOLIHULL APPROACH PARENTING

Leicester City buys into [Solihull Online](#) which provides really helpful parenting courses and support. It's available in 108 different languages and parents and carers who have previously accessed it have found it very helpful.

ONLINE SAFETY

Artificial Intelligence (AI)

AI is becoming more and more unavoidable with online use and it's vital we make sure our children are prepared for this strange new world!

With a lot of talk about artificial intelligence (AI) across the digital space, people have concerns. However, decades of development in AI led it to its widespread popularity today. As such, you can use AI as a tool to benefit your child and family in many ways. You can find out some positive uses of AI in [this Internet Matters guide](#).

Here are 6 top tips for helping your children to use AI safely:

1. Talk about where AI is being used
2. Remind children that not everything is real
3. Discuss misuse of generative AI
4. Remind them to check sources
5. Signpost to safe sources of health and wellbeing advice
6. Make sure they know where to go for help

You can read in more detail about how these top tips look in practice [here](#).

Age Ratings

It can be difficult as a parent to know what is appropriate for your children to be engaging with online, with apps and gaming becoming increasingly popular for children's downtime. You may find it difficult to manage apps and games, especially if you have children of different ages; the younger child may peek over the shoulder and possibly see things that are not appropriate for their young age. Of course, this problem is not limited to siblings. In the playground, children talk about games, apps and the latest trends. [Age ratings](#) can guide you to make informed decisions about the content your child sees.

Here are some tips for parents and carers of younger children:

- play a game with your child and review the age ratings together
- respect the age ratings despite the popularity of an app or game
- discuss the appropriateness of the app or game.