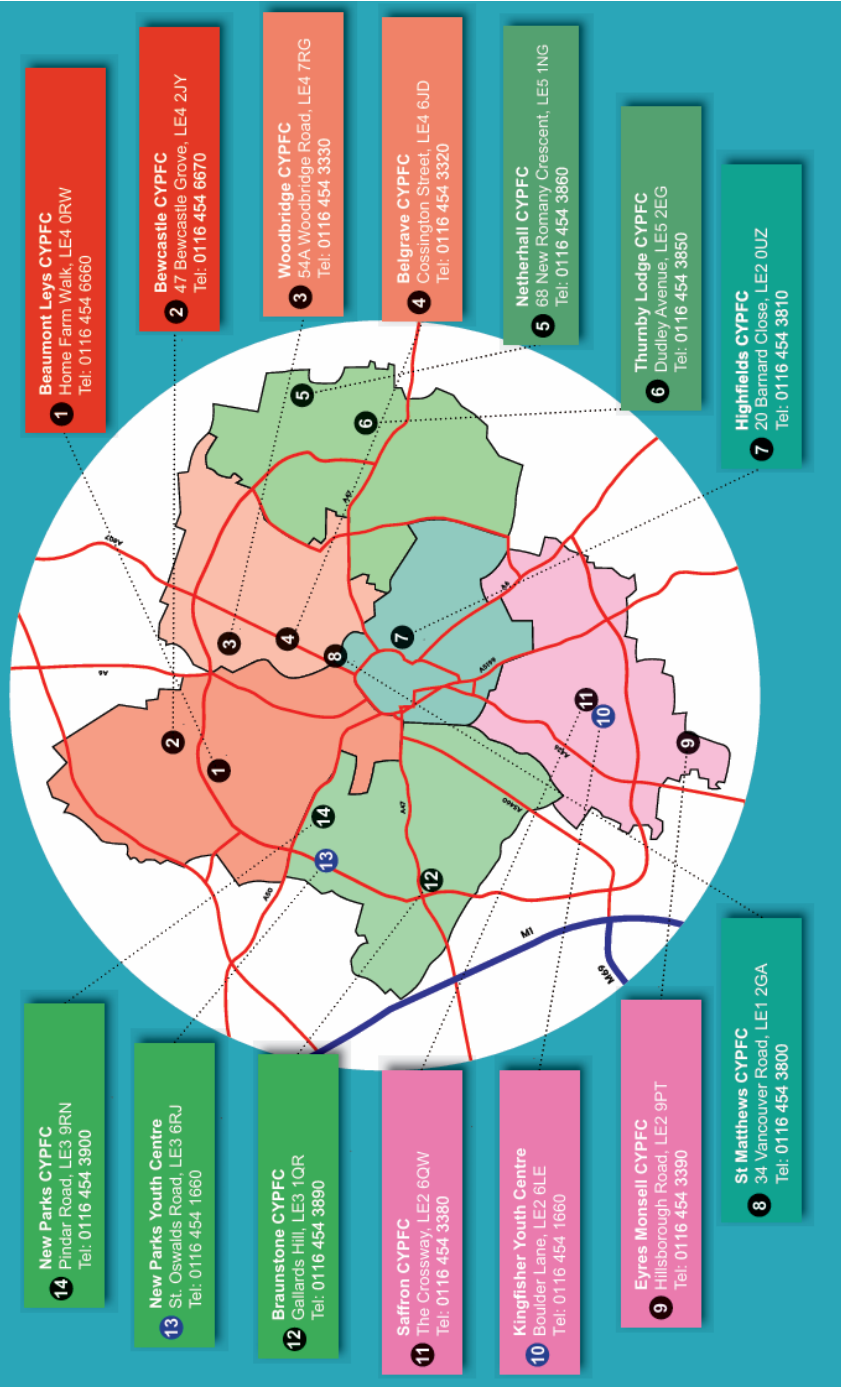




Leicester Children, Young People and Family Centres (CYPFC) and Youth Centres



Proven positive tips that can help every family.

You can support your child's development, grow closer and solve problems positively.

There are many simple strategies you can using right now to make every moment count.

Which group is best for you?

Pre-Teen and Teen Groups/Seminars:

For Parents of children aged under 12 years old (**Pre-Teen**)
and Parents of Teenagers (**Teen**)

For parents who wish to communicate better, build stronger relationships, deal calmly with conflict, navigate emotional ups and downs and equip you child to handle life's challenges.

Stepping Stones:

For Parents and Carers of children with SEND up to 12 years old. Those with developmental disabilities, neurodiversity or additional needs.

This group explores daily challenges and how to manage everyday life with more ease and to navigate emotional ups and downs to be less stressful.

To book please contact the Family Hubs (formerly CYPFC's) directly. Numbers can be found on the Map (Pg 4).

Pre-Teen Groups/Seminars:

Eyres Monsell Family Hub: From Thursday 10th September 2026 (**Group**)

09:30am-11:30am

Beaumont Leys Family Hub: From Friday 11th September 2026 (**Group**)

09:30am-12:00pm

Netherhall Family Hub: From Tuesday 15th September 2026

09:30am-12:00pm (**Group**)

Braunstone Family Hub: Thursday 5th, 12th and 19th of November 2026 (**Seminar**)

13:00pm-15:00pm

Stepping Stones Groups:

New Parks Family Hub: From Monday 26th October 2026

09:45am-12:30pm

Teen Groups

Belgrave Family Hub: From Tuesday 8th September 2026

09:30am-12:00pm

Highfields Family Hub: From Friday 2nd October

09:30am-12:00pm