

SAFEGUARDING NEWSLETTER

SPRING 2 2025-2026



SPOTLIGHT ON... ACCIDENTS

For many children—particularly younger children—the most immediate risks they face are often the result of accidents. Accidents remain one of the leading causes of serious injury for children. Everyday environments such as homes and schools contain hazards that curious children naturally explore. Behaviours like putting objects in their mouths, touching hot surfaces, or experimenting with things they do not yet understand can quickly lead to harm.

The Child Accident Prevention Trust is a UK charity working to reduce accidental injuries among children. Their online resource centre provides a range of free materials for professionals, including fact sheets, posters and activity resources covering risks such as burns, poisoning, choking hazards and road safety. You can access their support [here](#).

Top tips:

- **Watch hot drinks and cooking areas** - Keep hot drinks, pans, and kettles out of reach and turn pan handles away from the edge.
- **Be aware of choking hazards** - Cut foods like grapes and tomatoes into small pieces. Keep small items (coins, batteries, toys) out of reach.
- **Store medicines and chemicals securely** - Keep cleaning products, medicines, and laundry pods locked away.
- **Prevent falls around the home** - Never leave young children unattended on beds or sofas. Use window restrictors and safety gates where needed.
- **Supervise around water at all times** - Stay within arm's reach in the bath or near water and always empty paddling pools after use.



POSITIVE PARENTING PROGRAMME

The Positive Parenting Programme, also known as 'Triple P', is a great course to support parents in establishing and enforcing routines, boundaries and expectations at home. You can attend [online](#) or in person. The next face-to-face sessions will be taking place from 16.04.26-18.06.26 from 10am-12pm @ New Parks Children Young People Family Centre, Pindar Road, Leicester, LE3 9RN

What to Expect Over 9 Weeks:

- Week 1: Coffee morning & getting to know each other
- Weeks 2–5: Friendly group sessions with helpful tips and support
- Weeks 6–8: Check-ins via phone call or home visit
- Week 9: Celebration session back with the group – share your wins and reflect on the journey!

ONLINE SAFETY

'What I wish my parents or carers knew'

Parenting today can feel overwhelming — especially when childhood looks so different from what we grew up with. There's no manual, and it can be hard to keep up with the fast-changing digital world your child moves through every day. That's why the Children's commissioner have created a helpful guide and activity pack which aims to make those conversations easier and help you support your child with confidence.

You can access the materials [here](#).

Parental Controls

Parental controls can help you protect your child from inappropriate or harmful content, limit the amount of time spent online and support safe digital experiences.

For example, using parental controls can help to:

- manage screen time
- filter inappropriate content to reduce the chances of your child seeing it
- restrict purchases and stop things from being bought
- monitor online activity and what your child is viewing
- track location if necessary

Parental controls are often already installed on devices that can access the internet, but you will need to check they are turned on and set at the correct level.

You can find out more about setting parental controls [here](#) or speak to your class teacher who will be able to arrange support for you.

Online Safety in the Media

There have been a number of programmes about the online world and the types of materials children can be exposed to online, such as 'Adolescence', 'Louis Theroux: Inside the Manosphere' and '[The Online Safety Show](#)'. You may find these helpful for keeping up-to-date with the types of risks our children face.