

Parent Guide



@twinklparents

We are excited to share this content with you. If you are interested in finding more resources made especially for Parents, then check out these links to different areas of the **Twinkl Parents** hub.

SEND Support



Subject Guides

Pregnancy & Baby



Health & Wellbeing

Supporting Learning



What is this resource and how do I use it?

This colourful poster is designed to be displayed somewhere in your house for use as a guide or goal-setting tool to get your child ready to start reception. Please remember that all children develop differently so if your child can't do all these things yet, don't worry! They'll pick them up in their own time.

What skills does this practise?

Organisation

Preparation

Goal Setting

Further Activity Ideas and Suggestions

We have lots of fun 'starting school' activities for children on site – you'll find them all [here](#). If you need some parental guidance about how to support your child through this transitional stage or you're unsure about what to expect, we've got lots of [information](#) on that too!

Parents Blog



Parenting Wiki



Parenting Podcast



twinkl

Parents
Hub

45

Skills to Have before Starting Reception



Put on my own shoes.



Put on my own coat.



Use the toilet without help.



Wash my hands with soap and water.



Throw my rubbish in the bin.



Wipe my nose.



Pour a drink.



Eat my lunch without help.



Peel an orange.



Tell the waiter my order at a cafe.



Drink from a cup.



Drink from my water bottle.



Introduce myself.



Listen when others introduce themselves to me.



Share my toys.



Take turns while playing a board game.



Have a back-and-forth conversation.



Make eye contact with those I'm speaking to.



Follow instructions.



Sit and listen to a story.



Sit quietly when asked.



Pick and sing my favourite song in the car.



Tell my favourite story.



Ask for help.



Be sensitive to others.



Listen when others are speaking.



Read my own name.



Hold a pencil.



Hold a pair of scissors.



Recognise some numbers and maybe count to 10.



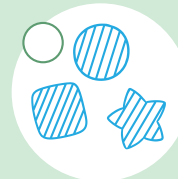
Finish a fun worksheet in one sitting.



Put a pile of buttons into groups according to colour.



Know basic colours.



Know basic shapes.



Turn a page in a book.



Know some of the alphabet.



Know some parts of my body.



Run in a circle.



Make a ball out of modelling dough.



Jump in muddy puddles.



Run in the rain.



Kick, throw and (sometimes) catch a ball.



Climb stairs and playground equipment.



Do a star jump.



Clap my hands.