

45

Skills to Have before Starting Reception



Put on my own shoes.



Put on my own coat.



Use the toilet without help.



Wash my hands with soap and water.



Throw my rubbish in the bin.



Wipe my nose.



Pour a drink.



Eat my lunch without help.



Peel an orange.



Tell the waiter my order at a cafe.



Drink from a cup.



Drink from my water bottle.



Introduce myself.



Listen when others introduce themselves to me.



Share my toys.



Take turns while playing a board game.



Have a back-and-forth conversation.



Make eye contact with those I'm speaking to.



Follow instructions.



Sit and listen to a story.



Sit quietly when asked.



Pick and sing my favourite song in the car.



Tell my favourite story.



Ask for help.



Be sensitive to others.



Listen when others are speaking.



Read my own name.



Hold a pencil.



Hold a pair of scissors.



Recognise some numbers and maybe count to 10.



Finish a fun worksheet in one sitting.



Put a pile of buttons into groups according to colour.



Know basic colours.



Know basic shapes.



Turn a page in a book.



Know some of the alphabet.



Know some parts of my body.



Run in a circle.



Make a ball out of modelling dough.



Jump in muddy puddles.



Run in the rain.



Kick, throw and (sometimes) catch a ball.



Climb stairs and playground equipment.



Do a star jump.



Clap my hands.

Ready for School Checklist for Parents

I can...

- hold a pencil carefully
- draw a face
- colour a face in
- name some colours



I can...

- recognise my name
- say the first letter of my name
- copy my name
- write my name



I can...

- count to 10
- recognise numbers to 10
- place numbers 1-10 in order
- write numbers 1-5 in order

I can...

- put on my socks
- find my shoes
- put on my shoes
- do up my shoes



I can...

- find my bag
- remember a water bottle
- zip up my bag
- carry my bag on my own



I can...

- dress myself
- do up my buttons or zips
- put on and do up my jacket
- remember my hat

I can...

- eat with appropriate cutlery
- pour myself a drink
- taste different foods
- wash my hands before and after meals



I can...

- go to the toilet when needed
- wash and dry my hands afterwards
- use stairs carefully
- tidy my play area



I can...

- follow instructions
- take turns when playing
- ask for help if I need it
- introduce myself to other children

I can...

- sing simple rhymes
- sing and clap to a familiar song
- tap a beat
- move to music



I can...

- use phrases to describe how I feel
- use age-appropriate sentences when explaining recent events
- wait my turn to talk
- answer 'wh' questions accurately (e.g. who, what)



I can...

- cut along a line
- cut 'snips' into paper
- cut out a shape
- cut out shapes to make a picture

