

# ARH NEWSLETTER 25-26

13<sup>TH</sup> FEBRUARY 2026



## A MESSAGE FROM SLT : MRS LAWES

It has been a brilliant week celebrating Children's Mental Health Week in school. At ARH, we believe we can only be our best when we are feeling our best, both physically and mentally so the children have been learning different ways to look after their wellbeing. It's been great to see so many parents and carers join us for our special pop-ins this week; the children were taking part in mindfulness activities (including some challenging origami!) and showcasing their amazing work. You can use the [five ways to wellbeing](#) over the half-term as a great way to look after yourselves and each other!



## LATEST NEWS

- **IFS Superstars** – A big well done to the children across the school who received a Praise Postcard today for showing the IFS of Focus. You make us very proud!
- **ASD Parent Support Group** – LPC are running a 4 week programme of workshops for parents and carers of young people with an ASD diagnosis. Please see [attached leaflet](#) or email [hello@leicesterspsychology.co.uk](mailto:hello@leicesterspsychology.co.uk) for further details.
- **Mental Health Support** – Discover some of the fantastic support services for parents and carers offered by Leicestershire Partnership NHS Trust and other agencies across the local area. See [here](#) for more information.
- **Parental Pop-Ins** – It has been so wonderful to see so many parents and carers joining us for parental pop-ins so far this year. After half-term, the parental pop-in day for each year group will be changing to allow for those who haven't been available on their current days to hopefully be able to join us. Years 1, 2, 3 and 5 will all be taking place on a Thursday morning. Years 4 and 6 will be taking place on a Wednesday. These days will remain the same for the remainder of the year. Timings are unchanged.
- **Leicester Community Safety** – Leicester City Council and Leicestershire Police have noticed an increase in risky behaviour at the end of school terms. To help prevent this, they are asking families to talk about the risks of antisocial behaviour and how to stay safe. Please read the [attached letter](#) for further advice.

## REMINDERS

- **ARH Leaver's Hoodies** – This year's leaver's hoodies (for children who are currently in Year 6) are going to be available via an online shop managed by [schoolleaverscompany.co.uk](http://schoolleaverscompany.co.uk). You can place your orders now! The online shop closes on 30<sup>th</sup> April 2026. Please see [here](#) for more details.
- **Attendance welfare visits** – If a child is absent from school and we have any concerns, a home visit may be carried out by our Attendance Officer, Miss Johnson, to ensure your child is at home and is safe and well.
- **Zigzag Photography** – Will be in school on Wednesday 22nd April taking full class photos and on Tuesday 28th April in the morning taking Y6 Leavers photos. Could you please log in to your Arbor portal and update any outstanding consents for your child(ren). Unfortunately, if your child(ren) does not have consent for a school photograph they will not be included in the class photo.
- **Spring 2 Parent Letter** – Please see the attached parent letters for each year group in Spring 2. [Nursery](#), [Reception](#), [Year 1](#), [Year 2](#), [Year 3](#), [Year 4](#), [Year 5](#), [Year 6](#).



## DATES FOR YOUR DIARY

- School closes for half-term today and reopens on Monday 23<sup>rd</sup> February
- W/C 13<sup>th</sup> April – Aspirations Week
- Thursday 5<sup>th</sup> March – World Book Day
- Wednesday 25<sup>th</sup> February – Costume Swap Shop
- Thursday 5<sup>th</sup> & Friday 6<sup>th</sup> March – Book Fayre (in the school hall)

	Parental pop-in day
Wednesday	Years 4 and 6
Thursday	Years 1, 2, 3 and 5



Our Academic Year 26-27 Term dates are now on our website. Please see them [here](#).

## CLUB TIMETABLE



MON	Basketball – Monday 3.30-4.30
TUES	Music Ensemble 3:30pm – 4:15pm
WEDS	Code Club 3.15-4.15 pm BOCCIA – Wednesday 3.30-4.30
THURS	Y5 & Y6 Boys football
FRI	Y5 & Y6 Girls football (Postponed until the weather/interest picks up – matches will still go ahead as normal. Girls will be notified)



## PARENTAL SUPPORT

A practical [guide](#) for schools that want to turn inclusion into everyday practice — helping children feel valued, connected and confident to be themselves.

## NEXT WEEK'S IFS

In class next week, we will be looking for IFS Superstars who show excellent...

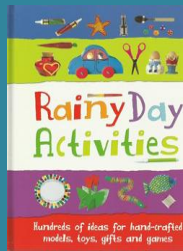
## JUDGEMENT

*We are able to think things through logically and apply a critical eye when looking at our own and other people's work.*

## BOOK OF THE WEEK

Title: Rainy Day Activities by Vivienne Bolton  
Reading Age: 7+

Why we love it: It's half term next week and just in case there are a few rainy days, this is the perfect book! Full of craft ideas, recipes, jewellery, decorations and cards to make, there's something for everyone! Happy holidays and happy crafting!



## OTHER NOTES/LINKS:

Leicester Outdoor Pursuits Centre is running a February Half-Term Club designed for children in **Year 1 or older**. See [here](#) for further information.

One Church Holiday Camps are taking place; please see further information [here](#).

Families looking for free and low-cost things to do during the half term holiday can find a wide range of activities are taking place at sites. Full details can be found at [families.leicester.gov.uk/half-term-fun](https://families.leicester.gov.uk/half-term-fun).

