

This week's challenge!

Each week, your Year 4 teachers would like to set you a challenge. This may be related to your mental or physical health. The challenge could include being active, spending time with your family, learning a new skill or being creative. It is up to you to decide how you are going to complete this challenge! It would be wonderful if we could see how you have completed them. If you'd like to show us, you can email us at ARHYear4@aldermanrichardhallam.leicester.sch.uk.

Your challenge is to think about some of the amazing things you've been able to do recently.

This could be activities like spending more time with your siblings, helping your parents cook dinner or finding new ways to communicate with your friends.



You can show us what you've been up to in which ever you like! Here are some ideas:

- Poetry
- Story
- Comic Strip
- Drawings
- Diary entry
- Letter