Wellbeing Activity!

Although home learning is very important, looking after our health and wellbeing is just as important too!

So, for this task, we want you to make your own dance routine!

You could learn a dance routine from someone or you could make your own up!

Get creative and have fun with it! You could even get your family involved!

We would love it if you could record a video of your dance routine and email it to us!

Maybe the teachers could have a go at learning it too!

Remember, have fun and enjoy yourself!



