Staying Happy and Healthy at Home

Year 1 Week 3

These slides are full of fun things that you can do at home while you are away from school. Here you will find recipes, treasure hunts and arts and crafts activities that you can complete with your grown ups and your family while you're working at home. Enjoy!

Easter Themed Hand Prints





Just add water!



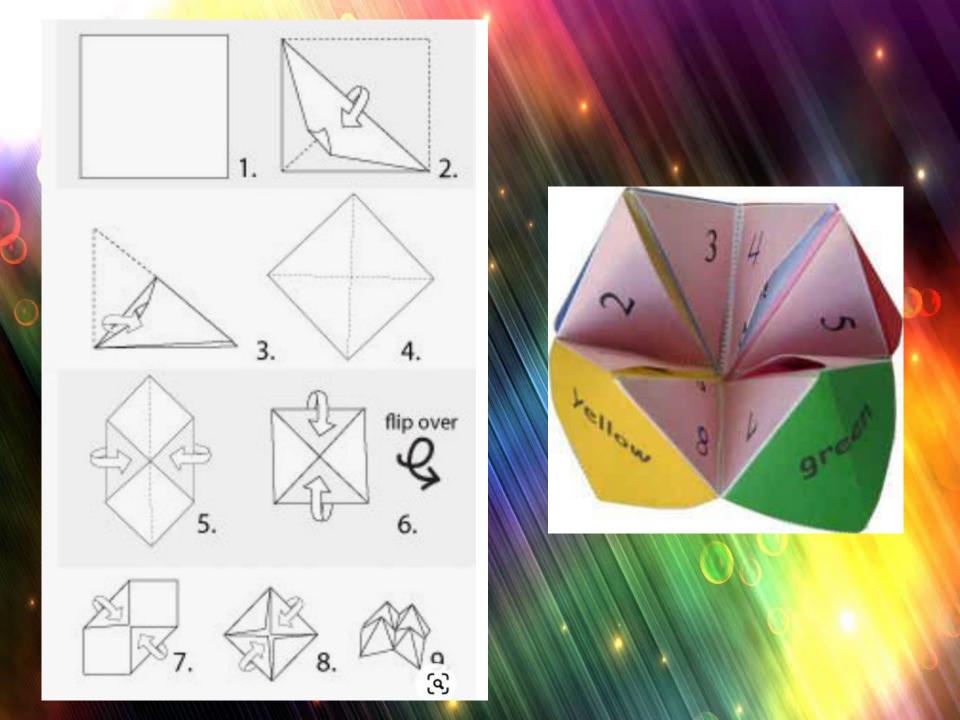
Nature Inspired PORTRAITS











Rainbow Fruit Kebabs



Ingredients

- · 1 kiwi fruit (peeled and chopped)
- · ½ mango (peeled and chopped)
- strawberries
- · red grapes
- · blueberries

Method

Wash the strawberries, grapes and blueberries in cold water.

Cut the tops off the strawberries.

If the strawberries are big, cut them in half.

Put all the fruit into bowls.

Arrange bowls by fruit colour.

Thread onto skewers.

Serve and enjoy!



English Muffin Pizza



Ingredients

- · 2 English muffins
- 1 Tbs tomato puree
- 4 cherry tomatoes
- ½ red pepper
- · Handful grated cheese

Method

Turn the oven on to 180°C.

Split each muffin in two to make pizza bases.

Spread tomato puree over each muffin and place on a baking tray.

Cut some fun shapes from the red pepper with mini cutters or a sharp knife.

Chop the rest of the pepper and the tomatoes into tiny pieces.

Spread the pepper and tomato on the muffins.

Sprinkle over the cheese and top with the red pepper shapes to decorate.

Bake in the oven for B minutes.



BUG Scavenger Hunt!

