Staying Happy and Healthy At Home! Year 1 Week 2

These slides are full of fun things that you can do at home while you are away from school. Here you will find recipes, treasure hunts and bingo activities that you can complete with you grown ups and your family while you're working at home. Enjoy!



House Scavenger Hunt

Find something that begins with the letter "a"

Find something that is blue

Find something that is round

Find something that has wheels

Find something that begins with the letter "b"

Find something that is orange

Find something you can eat

Find something you can wear

Find something that begins with the letter "c"

Find something that is soft

Find something that floats

Find something that is smaller than a penny

Find something that begins with the letter "d"

Find something that is yellow

Find something that is sharp

Find a rubber band

Find something that begins with the letter "e"

Find a paperelip

Find a post-it

Find a battery

Find something that begins with the letter "f"

Find an American coin

Find a Non-American coin

Find a magazine

Find something that begins with the letter "g"



Reading Bingo





Try reading a book in different places. Use this Reading Bingo card to change things up as you read. Enjoy reading outside, under a tree, or in a car. Initial each box when your child has read for 20 minutes.

In the Car	On a Monday	Under a Tree	Free Choice	Read Out Load
To My Pet	On a Thursday	Sitting on the Floor	Wearing a Hat	Free Choice
After Dinner	Free Choice	In a Diff <mark>ere</mark> nt Accent	To a Sibling	In Bed
With a flashlight	Outside	Free Choice	Before Breakfast	While Eating a Snack
Free Choice	In Your Pajamas	On a Sunday	In a Tent	In a Whisper



Fruit salad

You Will Need:

- 1 Grown up helper
- 1 Bowl
- 1 Apple
- z Kiwi
- 5 Strawberries
- 1 Tangerine
- 100ml orange juice

What to do:

- 1. Wash all of the fruit in cold water.
- Peel the kiwi and the tangerine (ask your grown up helper to do it if you need a knife) Separate the pieces of tangerine and put them in the bowl.
- Chop up the apple, strawberry, kiwi, put them in them in the bowl and mix them up.
- 4.) Pour some of the orange juice on top of the fruit. This stops the apple from going horrid and brown!

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Eggy Bread Fingers



Ingredients

- · 1 large egg
- · 1 Tbs milk
- · 2 small slices of bread
- · 1 tsp butter

Method

Break the egg into a shallow dish. Add the milk and whisk together.

Cut each slice of bread into fingers.

Dip the bread in the egg and turn to coat on both sides.

Heat the butter in a frying pan until melted and bubbling.

Add the bread fingers and cook until golden brown.

Turn half way through to cook on both sides.

Serve with fresh fruit and yoghurt.



Frozen Fruity Yoghurt Bites



Ingredients

- · 200g natural yoghurt
- Handful blueberries
- Handful raspberries

Method

Put 12 cupcake cases onto a small baking tray.

Use a spoon to drop some yoghurt into each case.

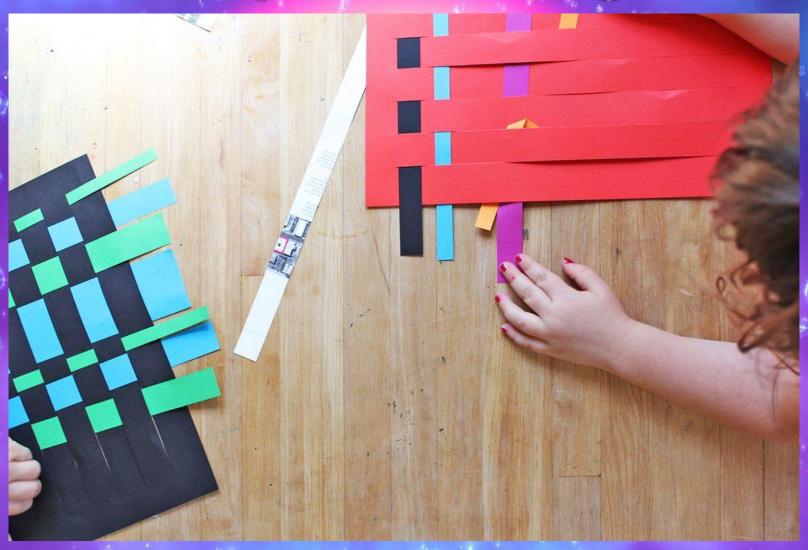
Put a few pieces of fruit into each cup and press them into the yoghurt with your fingers.

Freeze for 2 hours or until solid.

Pop out of the cases and serve.



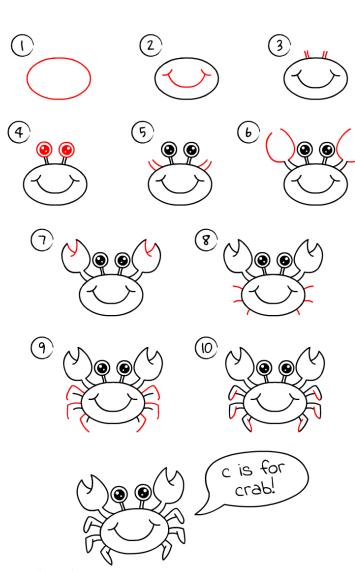
Paper Weaving







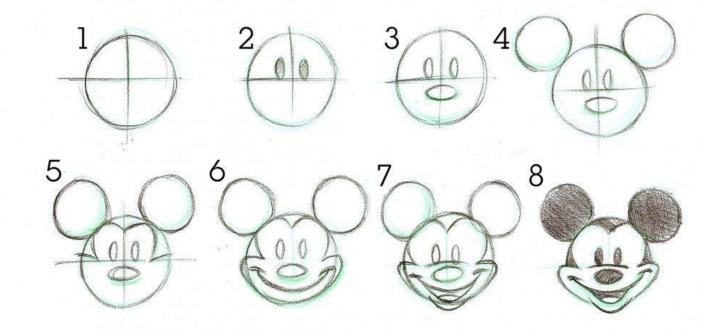
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THAT SAID___ IF IT HELPS GET MORE KIDS INTO THE CLASS, WHO ARE WE TO ARGUE___ SHARE AWAY!