

What Makes You Happy? Day 1

This week we are writing a list containing the things that make us happy! Today we are going to collect all of our ideas in a spider diagram! I want you to think of all the things that make you feel happy and make a spider diagram like mine below.

At this point, you don't need to write your ideas down if you don't want to, you can just draw things to remind you of what to write later in the week! I can't wait to see what you come up with!

