Interventions used in school to support children’s Mental Health

A Volcano in my Tummy – anger intervention

Starving the Anger Gremlin – anger intervention

Play Interaction – social interaction

Funtime- social interaction

Don’t worry be happy – overcoming anxiety intervention.

Think Good – Feel Good – feeling happy about yourself intervention

The Big Blobs of Blobs- making the right choices and social interaction

You’re a Star- A child’s guide to self esteem

Managing Bereavement intervention

Sensory Room – for a calm space.