Our Ref: BW/KR

4<sup>th</sup> October 2016

Dear Parents and Carers,



## **Gymnastic Classes**



Is your child excited and enthusiastic about gymnastics after the great success at the Rio Olympics? Are they eager to take their first steps to gaining core proficiency gymnastics badges whilst at the same time developing balance, strength, flexibility and coordination? Then our new gymnastics club might be just the thing for you. In addition you can show your new skills in school and regional competitions.

We are starting up a gymnastics club for our Year 1 and 2 pupils to take part in which will run during term time every Monday from 3.30pm – 4.30pm. Pupils taking part will need to bring a suitable PE kit and a drink. Our first session will begin on the 24<sup>th</sup> October 2016 in the downstairs hall and pupils will be dismissed on the front playground after the sessions.

All courses are led by Head Coach Sarah Adams, Olympian, international athlete and former national level gymnast, and Joyce Adams former gymnastics coach at the A.R.H. school and head coach for Leisure Centre gymnastics in Leicestershire. Both are U.K.C.C. qualified in women's artistic and general gymnastics.

The Gymnastic course is £30 for a block of 6 weekly sessions (£5.00 per session) with a max of 20 places available. Places will be offered on a first come first serve basis. Please note all core proficiency badges are £3.50 each.

Thank you for your continued support.

## Ben Wells

P.E. Co-ordinator		
Reply Slip – Y1 and Y2 Gymnastics Club –Commencing Mo	onday 24 <sup>th</sup> October 2016	
My child would like to take part in the above club and I end I will collect my child at 4.30 pm My child is registered with the Homework Club and should		INTERNATIONAL SCHOOL AWARD 2016–2019
Child's name	Class Date	NATION
Signedparent/carer	Tel. No	Healthy School

**Alderman Richard Hallam Primary School** Avebury Avenue, Leicester, LE4 0FQ

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Headteachers: Miss A Kedzior B.Ed (Hons) & Mr J K McGowan M.A.

Deputy Headteachers: Mr S Beardsmore B.Sc (Hons) & Miss A Kedzior B.Ed (Hons) Assistant Headteachers: Mr S Beardsmore B.Sc (Hons), Mrs E Colley & Mrs C Lawes



