

SPEED SCHOOL



SPEED DEVELOPMENT SESSIONS FOR 6-15 YEARS

➡ ➡ ➡ ➡ - ACCELERATION - MAX SPEED - AGILITY - TECHNICAL EFFICIENCY -



2ND & 4TH APRIL 2024



9:30 TO 10:45



6-11 & 12-15 YRS OLD



£7.00



**LOUGHBOROUGH
UNIVERSITY**



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