

Is Your Child Safe from Measles? Check Before the Summer Holidays!

Keep Your Child Safe from Measles This Summer

Measles is a serious illness that could be prevented by having both doses of the MMR vaccination.

It spreads very easily, especially in schools, parks, and busy places. Cases of measles are rising in the UK, increasing the risk to children and communities.

Measles can make children very sick. It can cause a high fever, rash, cough, and sore eyes.

Some children get very ill and may need to go to hospital. Measles can have serious consequences, sometimes fatal, to help prevent children and those around them from becoming unwell with measles this summer please check your child's **Red Book** or with your **GP Practice** to see if they have been fully vaccinated.

The MMR vaccine protects your child from:

- ✓ Measles
- ✓ Mumps
- ✓ Rubella

The vaccine is safe and has been used for many years all over the world. Children need **two doses** of the MMR vaccine for full protection.

If your child has missed a vaccine, it's not too late. You can ask your GP or school nurse for help.

Before the summer holidays, check:

- Has your child had **two doses** of the MMR vaccines?
- If not, contact your GP and book a catch-up appointment.

Help protect your child, your family, and your community.

Let's keep everyone safe and healthy this summer!

For more information, visit: nhs.uk/conditions/measles or scan the QR code below.

