

SAFEGUARDING NEWSLETTER

SUMMER HOLIDAYS 2024



SPOTLIGHT ON... CHILDREN'S MEAL DEALS IN THE SUMMER HOLIDAYS

Sizzling Pubs: Monday to Friday from 12pm – children eat for £1 with an adult main meal.

Asda cafes – All week – children under 16 can eat for £1 – no minimum adult spend.

Sainsbury's cafes – All week from 11.30am – children can eat for £1 with an adult's hot main meal (minimum spend £5.20).

Morrisons cafes – Monday to Friday - children under 16 can eat for free with a minimum adult spend of £4.50 on a meal

Tesco cafes – From 22nd July, children can eat for free with any adult item purchased in the cafe.

Yo sushi! – From 1st July, Monday to Friday, children under 12 can eat for free all day with a full-paying adult (minimum £10 spend).

Bella Italia – Children under 12 can eat for free all day every Thursday and for £1 between 4-6pm Sunday-Wednesday with the purchase of an adult main.

Hungry Horse – Up to two children can have a main meal for £1 every Monday from 12pm with every full paying adult.

Beefeater pubs – Two children under 16 can have a free breakfast with every adult breakfast purchased.



CHILD PROTECTION CONCERNS

If you have an immediate concern and feel that a child is at risk of significant harm or danger please contact the **police**.

You can also contact **Leicester City Council Children's Social Care and Early Help** on 0116 454 1004.

You can contact a school DSL through the [school website](#).

SUPPORT FOR PARENTS AND CARERS

If you are worried about your child, you can find support in the following places.

Our nearest Sure Start Centre is 20 Home Farm Close, LE4 0RW

Telephone: 0116 3737350

[Health for kids](#)

[NSPCC](#)

[Online Safety](#)

[Mental Health Support](#)

STAYING SAFE IN THE HOLIDAYS



SUN SAFETY

It's vital to help young people protect themselves in the sun. You can find more sun safety information [here](#) and tips for staying safe in the sun (CBeebies) [here](#).

WATER SAFETY

It's important to remind your children how to stay safe in or alongside water.

[Beach water safety](#)

[RNLI – Float to Live](#)

[Canal and river water safety](#)



ONLINE SAFETY

Over the summer holidays, many of our children will have more free time to spend with friends, family and online. This may include using the internet to keep in touch with friends, catch up with the latest apps and online trends, and playing their favourite games.

Sit down together

The summer holidays are a great chance to sit down with your children. Together, you can visit their favourite sites and play their favourite games. This is a great way to stay up to date with their online lives and show them that you're interested in what they are doing. This is an opportunity for positive conversations about the internet, so if something ever does upset your child online, they would feel more confident in confiding in you. You can find conversation starters [here](#).

Social media and staying in touch

During the summer holidays, your children may want to keep in touch with their friends through social networking sites or games. It's a good idea to ask them about what sites they use and check any age requirements as many social media sites require users to be at least 13 years old. Encourage your children to use the privacy tools on the services they use so that the content they post is only available to people they know and trust in real life. You can find more information on privacy settings [here](#) and safety checklists [here](#).

Sharing holiday pictures

Some children may want to share photos and videos of what they are getting up to in their summer holidays online. Talk to your children about what types of photos are appropriate to share and who they are okay to share with.

Extra support

[Watch Red and Murphy talk to Freddie and Alisha](#) about asking before they watch videos online.

[Read Digiduck's Big Decision](#) and help educate children aged 3 – 7 about how to be a good friend online.

[Take the 'Be the change' quiz](#) and help children aged 8 – 13 explore how children and young people share images and videos online.

[Have an adventure with Kara, Winston and the SMART Crew](#) and help them to make SMART online decisions.