





## Youth Service Citywide Offer: Summer offer (July to September 2025)

Service for 13 to 19 years (or up to 25 years with additional needs /disabilities)

Youth Service delivery to young people have adapted to maintain a safe delivery programme to young people in Leicester in according to Government rules and regulations.

**For General enquiries about the Youth Service: Contact Debra Bartlett [Debra.Bartlett@leicester.gov.uk](mailto:Debra.Bartlett@leicester.gov.uk) or Angela Thompson [Angela.Thompson@leicester.gov.uk](mailto:Angela.Thompson@leicester.gov.uk) – Senior Youth Workers**

Staffing		Information
<b>Interim Service Manager:</b> Ivor Sutton <b>Senior Youth Workers (TM):</b> Angela Thompson & Debra Bartlett <b>Professional Full time Workers/Youth Workers:</b> <ul style="list-style-type: none"> <li>• Anthony Grant (SEND &amp; Young Carers)</li> <li>• Martin Forbes (Open Access &amp; Detached and Group Work)</li> <li>• Neil Horn (Open Access &amp; Detached and Group work)</li> </ul> <b>Part time Youth workers:</b> <ul style="list-style-type: none"> <li>• Senior Youth Support Workers in Charge x 6</li> <li>• Youth Support Workers in Charge x 6</li> <li>• Assistant Youth support workers x 6</li> <li>• Volunteer x 1</li> </ul>		<b>Postal Address:</b> Kingfisher Youth Centre Boulder Ln, Leicester LE2 6LE.  Email: <a href="mailto:Youth.Services@leicester.gov.uk">Youth.Services@leicester.gov.uk</a>  <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">   <a href="https://www.facebook.com/leicester.youthservice">@leicester.youthservice</a> </div> <div style="text-align: center;">   <a href="https://www.instagram.com/leicesterYouthService">@leicesterYouthService</a> </div> </div> <p>Please check our Facebook and Instagram for updates</p>
Youth Service Programme		
Activity	Offer	Contact/ information
<b>Alton Towers 17<sup>th</sup> July 2025</b> 	Trip to Alton tower's theme park, please come long and experience a great day out.  <p style="text-align: center; color: blue; font-weight: bold;">Fully Booked!</p>	For further information please contact  <a href="mailto:Martin.forbes@leicester.gov.uk">Martin.forbes@leicester.gov.uk</a> <a href="mailto:Neil.Horn@leicester.gov.uk">Neil.Horn@leicester.gov.uk</a>

<b>Youth Village Fun Day</b> 	<b>Activities for young people will include:</b> <ul style="list-style-type: none"> <li>• Zorb Football</li> <li>• Blaze Pods – Reflex Activity</li> <li>• Dancing</li> <li>• Arts &amp; Craft</li> <li>• Festival Face painting</li> <li>• Music</li> <li>• Sport</li> <li>• Information Stall</li> <li>• Refreshment on sale</li> </ul> <p style="text-align: center;"><b>And much more!</b></p>	<b>20<sup>th</sup> August 2025</b>  <b>12 to 4pm</b>  <b>Kingfisher youth centre</b> <b>Boulder lane, Leicester. LE2 6LE</b>  <b>Contact:</b> <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a> or <a href="mailto:Angela.Thompson@leicester.gov.uk">Angela.Thompson@leicester.gov.uk</a> <a href="mailto:Anthony.grant@leicester.gov.uk">Anthony.grant@leicester.gov.uk</a> <a href="mailto:Martin.forbes@leicester.gov.uk">Martin.forbes@leicester.gov.uk</a> <a href="mailto:Neil.Horn@leicester.gov.uk">Neil.Horn@leicester.gov.uk</a>
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**SEND & Young Carers Group Summer Youth Activities – Referral Only, Please Contact [Anthony.grant@leicester.gov.uk](mailto:Anthony.grant@leicester.gov.uk) for more details!**


### SEND:



Term Week	Day	Date	Description
<b>Week 1</b>			
Young Carers	Monday	14/07/2024	Cinema - Superman
Inclusion	Tuesday	15/07/2024	Cinema - Superman
	Wednesday	16/07/2024	In house activities: board games, activities and cooking - Makaton and communication activities
	<b>Thursday</b>	<b>17/07/2024</b>	<b>Youth Service Trip - Alton Towers</b>
<b>Week 2</b>			
Young Carers	Monday	21/07/2024	Picnic in the park - afternoon tea
Inclusion	Tuesday	22/07/2024	Cooking session - no bake cheesecakes
	Wednesday	23/07/2024	Trip Wed 23/07/25 - Mini golf
	Thursday	24/07/2024	Cooking session - no bake cheesecakes
<b>Week 3</b>			
Young Carers	Monday	28/07/2024	Mega zone - Laser Quest

Inclusion	Tuesday	29/07/2024	Arts and crafts night - Badge making/glass painting/T-shirt painting	
	Wednesday	30/07/2024	Arts and crafts night - Badge making/glass painting/T-shirt painting	
	Thursday	31/07/2024	Trip Thurs 31/07/25 –Life skills, making picnic food and museum trip	
Week 4				
Young Carers	Monday	04/08/2025	Horse riding / Leicester riders TBC	
Inclusion	Tuesday	05/08/2025	Park visits and chip shop walk	Life Skills
	Wednesday	06/08/2025	Park Visit and chip shop walk	Life Skills
	Thursday	07/08/2025	Park visits and chip shop walk	Life Skills
Week 5				
Young Carers	Monday	11/08/2024	Possible residential - weekend	
Inclusion	Tuesday	12/08/2024	In house activities: board games, arts & crafts and cooking	
	Wednesday	13/08/2024	Trip Weds 13/08/25 - Narrow boat trip	
	Thursday	14/08/2024	In house activities: board games, arts & crafts and cooking	
Week 6				
Young Carers	Monday	18/08/2025	End of Summer Party	
Inclusion	Tuesday	19/08/2025	Joint session on Thursday	
	Wednesday	20/08/2025	Youth work village trip	
	Thursday	21/08/2025	SEND end of summer fun day - BBQ, music, activities at Kingfisher youth centre	



Young Carers:

Term Week	Day	Date	Description
Week 1			
Young Carers	Monday	14/07/2024	Cinema - Superman
	Thursday	17/07/2024	Youth Service Trip - Alton Towers
Week 2			
Young Carers	Monday	21/07/2024	Picnic in the park - afternoon tea
Week 3			
Young Carers	Monday	28/07/2024	Mega zone - Laser Quest
Week 4			

Young Carers	Monday	04/08/2025	Horse Riding / Leicester Riders
<b>Week 5</b>			
Young Carers	Monday	11/08/2024	Possible residential - weekend
<b>Week 6</b>			
Young Carers	Monday	18/08/2025	End of Summer Party - Rutland Water Barbeque
<b>Open Access Youth Clubs</b> 		<b>Aims and Objectives</b> Open Access Youth Sessions offer young people the opportunity to voluntarily gather, in a safe space to contribute to the personal and social development of young people, enabling their inclusion, involvement, achievement and influence within the context of a multi-racial city and society. <b>Objectives</b> <ul style="list-style-type: none"> <li>• Provide issue base activities.</li> <li>• Consult with young people to gain their voice.</li> <li>• Provide activities that are fun and engaging.</li> <li>• Sign post young people to other services.</li> <li>• Advocate on behalf of young people.</li> <li>• Provide opportunities of accreditation</li> <li>• Plan and evaluate around the needs and wishes of young people.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Belgrave Children Young People and Family Centre:</b> Tuesdays 6.30pm – 8.30pm</li> <li>• <b>Netherhall Neighbourhood Centre:</b> Wednesday 6.30pm – 8.30pm</li> <li>• <b>New Parks Youth Centre:</b> Thursday 6.30pm – 8.30pm</li> <li>• <b>Kingfisher Youth Centre:</b> Friday 6.30pm to 8.30pm</li> </ul> <p>Contact Martin Forbes and Debra Bartlett or Neil Horn for more information  <a href="mailto:Martin.forbes@leicester.gov.uk">Martin.forbes@leicester.gov.uk</a>  <a href="mailto:Neil.Horn@leicester.gov.uk">Neil.Horn@leicester.gov.uk</a></p> <p><b>Closed for two weeks from 18<sup>th</sup> August to until 31<sup>st</sup> August 2025 and re opens 1<sup>st</sup> September 2025</b></p>
<b>Beaumont Ley - Open Access Youth Club</b>		<b>Aims and Objectives</b> Open Access Youth Sessions offer young people the opportunity to voluntarily gather, in a safe space to contribute to the personal and social development of young people, enabling their inclusion, involvement, achievement and influence within the context of a multi-racial city and society. <b>Objectives</b>	<p>Wednesday 6.15pm – 8.15pm  <b>St Luke's Church, Halifax Drive, Stocking Farm LE4 -2ER</b></p> <p>Contact <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a> for more information</p>

	<ul style="list-style-type: none"> <li>• Provide issue base activities.</li> <li>• Consult with young people to gain their voice.</li> <li>• Provide activities that are fun and engaging.</li> <li>• Sign post young people to other services.</li> <li>• Advocate on behalf of young people.</li> <li>• Provide opportunities of accreditation</li> </ul> <p>Plan and evaluate around the needs and wishes of young people.</p>	<p><b>Closed for two weeks from 18<sup>th</sup> August to until 31<sup>st</sup> August 2025 and re opens 1<sup>st</sup> September 2025</b></p>
<p><b>Adolescent Hub - Open Access Youth Club</b></p> 	<p>To empower young people to meet their aspirations to employment pathways.</p> <p><b>Objectives.</b></p> <p><b>Working towards functional skills level 2 English and maths</b></p> <p>To sign post for employment</p> <p>To sign post to wellbeing services</p> <p>Funding for 10 provisional driving licences</p>	<p><b>New Parks Youth Centre</b></p> <p><b>Term time only</b></p> <p>6pm to 8pm</p> <p>1<sup>st</sup> and 8<sup>th</sup> July 2025</p> <p>6pm to 8pm</p> <p><b>Referral only:</b> for more information, please contact <a href="mailto:teamtroupersttda@gmail.com">teamtroupersttda@gmail.com</a></p>
<p><b>Detached Youth Work</b></p>	<p><b>Aim</b></p> <p>To deliver informal education to young people in their community, working in partnership with other professionals and community organisations.</p> <p><b>Objectives</b></p>	<ul style="list-style-type: none"> <li>• Wednesdays 5pm to 7pm -St Mathews area</li> <li>• Thursdays -5pm to 7pm -Beaumont Leys shopping area -McDonald's</li> <li>• Friday 5pm to 7pm -Netherhall</li> </ul> <p><b>For more information, please contact:</b></p>



	<ul style="list-style-type: none"> <li>• To reduce anti-social behaviour</li> <li>• Empower young people make safe choices in life.</li> <li>• Signpost young people to positive activities within their community</li> <li>• Gain voice of young people not engaged in formal groups</li> </ul>	<p> <a href="mailto:Martin.Forbes@leicester.gov.uk">Martin.Forbes@leicester.gov.uk</a>  <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a> </p> <p><b>Closed for two weeks from 18<sup>th</sup> August to until 31<sup>st</sup> August 2025 and re opens 1<sup>st</sup> September 2025</b></p>
<p><b>Targeted Youth Support</b></p> 	<p>Targeted Youth Support hopes to respond better to your needs and ideas, particularly if you need extra support around?</p> <ul style="list-style-type: none"> <li>• Staying in control and recognising risky and unsafe situations and behaviour.</li> <li>• Exploring alternative ways of doing things with less negative consequences.</li> <li>• Staying in school, college, getting or keeping a job or training.</li> <li>• Keeping out of trouble and turning your life around for the better.</li> <li>• Turning an ambition or talent into a recognised achievement which you can build on.</li> <li>• Building your confidence, increase motivation giving you a sense of purpose within your community.</li> </ul> <p><b>How does it work?</b></p> <ul style="list-style-type: none"> <li>• A Targeted Youth Support Worker will arrange to meet with the young person either at home, school, at a Youth Centre or where they feel comfortable.</li> </ul>	<p><b>Referrals</b> are accepted via the front door CASP (Children’s Assessment Support &amp; Prevention Services)- (24/7) Children’s Social Care and Early Help 0116 4541004 or externally - completing; a MARF, Social Workers - request for joint working or a step down. However, in all cases, <b>please contact Angela Thompson for a case discussion beforehand.</b></p> <p><b>Please note there is an extended waiting times over the summer months. Therefore, TYS cannot deviate from its criteria.</b></p>



- They will try and find out the young person's needs and wishes (An Assessment).
- Then agree an Action Plan around their needs and wishes.
- Then will meet with you once a week to help support their needs. This will be up to 16 weeks.


#### **Targeted Youth Support – Criteria.**

The young person must be:



- 13 – 19years (Up to 24 SEND but must be under 19 at point of referral).
- Must reside in the city of Leicester.
- Must explicitly consent to working with TYS (Parental/ carer/ worker consent will not do. TYS needs the young persons informed agreement).



**Referrers are encouraged to refer young people who have at least 2 of the issues or risks listed below: 1 issue must include repeated missing episode.**



- Low level child criminal exploitation (CCE) or child sexual exploitation (CSE).
- Low level mental health – e.g., anxiety, low mood, self-esteem, confidence issues and identity issues.
- Education – at risk of not being in education, employment, or training (NEET), low attendance or behaviour in school.
- Bullying behaviours or being bullied.
- Relationship issues within the family or household or being at risk of homelessness or Edge of care.
- Risk-taking behaviours such as substance misuse, low level anti-social behaviour or peer pressure.
- Repeated missing from home episodes.
- Unhealthy peer relationships, sexual relationships, and domestic abuse.
- LGBTQ awareness and sexuality issues.


<p><b>Black Girl Magic Group. (BGM)</b> Monthly Group Sessions.</p> <p><b>For: African, African Caribbean &amp; Mixed Heritage (African Decent) only.</b> <b>Age: 11 – 19 years.</b></p>	<p><b>Aim of the session:</b></p> <ul style="list-style-type: none"> <li>• To explore the girls understanding of conflict resolution.</li> <li>• To explore culture and identity through arts and music.</li> <li>• To experience Caribbean and African food and gain an appreciation of the spices and styles of cooking.</li> <li>• To plan future sessions</li> <li>• To have a fun and informal learning session.</li> <li>• To explore racism and cultural identity in a safe space that encourages openness and understanding.</li> </ul>	<p><b>Next Sessions: 9<sup>th</sup> July 2025</b> <b>Limited spaces, by referral ONLY!</b></p> <p><b>Contact:</b> <a href="mailto:angela.thompson@leicester.gov.uk">angela.thompson@leicester.gov.uk</a> or <a href="mailto:natalie.wallace@leicester.gov.uk">natalie.wallace@leicester.gov.uk</a> to refer!</p>
<p><b>Girls Group New Parks area - 13 to 19 years</b></p> 	<p><b>Aim</b> For females to have better knowledge of their self-esteem and coping mechanisms. To keep safe when online or in the community To have a better understanding of healthy relationship <b>Programme will cover the following areas.</b></p> <ul style="list-style-type: none"> <li>• Introductions (getting to know each other &amp; icebreakers)</li> <li>• Ground rules,</li> <li>• Healthy relationships</li> <li>• Domestic abuse,</li> <li>• Online safety,</li> <li>• CSE,</li> <li>• Gangs,</li> <li>• Sexual health.</li> <li>• Violence behaviours</li> </ul>	<p>Thursday 5pm to 6.30pm New Parks Youth Centre</p> <p>Sessions closed on 21<sup>st</sup> and 28<sup>th</sup> August reopen in September</p> <p><b>Referral only:</b> for more information, please contact <a href="mailto:teamtroupersttda@gmail.com">teamtroupersttda@gmail.com</a></p>
<p><b>High Risk - Girls group</b></p>	<p><b>The sessions of the Girls Group programme will cover areas as follows,</b></p> <ul style="list-style-type: none"> <li>• Introductions (getting to know each other / icebreakers)</li> <li>• Ground rule setting,</li> </ul>	<p><b>Criteria:</b> Girls &amp; young women who have been identified as at risk of CSE and have 2 or more missing episodes. Any professional that refers to this</p>





	<ul style="list-style-type: none"> <li>• Healthy relationships,</li> <li>• Domestic abuse, Online safety,</li> <li>• CSE,</li> <li>• Gangs,</li> <li>• Safety planning</li> <li>• Awareness of the different substances,</li> <li>• Access to a Choices Sexual health Nurse.</li> </ul> <p><b>Venue over the summer will be New Parks youth centre</b></p>	<p>group will have completed a CSE risk assessment additionally the young person may have a social worker.</p> <p>Venue will be locality base on referring information.</p> <p>Referrers are to ensure transport is arranged for young people.</p> <p>For information please contact:  <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a></p> <p><b>Closed for two weeks from 18<sup>th</sup> Aug to until 31<sup>st</sup> Aug 2025 and re opens 1<sup>st</sup> September 2025</b></p>
<p><b>Which Way Group</b></p> 	<p>The sessions will cover a range of different topics and create awareness, support, and a safe environment for young males to attend.</p> <ul style="list-style-type: none"> <li>• Exploring Knife Crime,</li> <li>• Knife crime First Aid</li> <li>• Unconscious First Aid</li> <li>• CCE, County lines</li> <li>• Positive Relationships,</li> <li>• Anger Management,</li> <li>• Gangs,</li> <li>• Employability</li> </ul>	<p>14:30 to 16:30  Venue: New Park Youth Centre</p> <p><b>Wednesday 30th July</b></p> <ul style="list-style-type: none"> <li>• session 1- Positive Relationships</li> <li>• session 2 - Knife Crime</li> </ul> <p><b>Thursday 31st July</b></p> <ul style="list-style-type: none"> <li>• session 3- Street Doctors Bleeding First Aid</li> <li>• session 4 - Street Doctors Unconscious First Aid</li> <li>• session 5 (optional)- if young people are in a position to enter employability, I can offer one to one support or generic advise depending on their needs.</li> </ul> <p><b>Friday 1st August</b></p> <ul style="list-style-type: none"> <li>• session 6- Anger Management</li> </ul>

		<ul style="list-style-type: none"> <li>session 7- Gangs and County lines</li> </ul> <p><b>Referrers are to ensure transport is arranged for young people.</b></p> <p>For information please contact:  <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a>  <a href="mailto:Neil.Horn@leicester.gov.uk">Neil.Horn@leicester.gov.uk</a></p>
<p><b>Managing Your Own Home (MYOH)</b></p> 	<p>Delivering an accredited course aimed at support young people to live independently.</p> <ul style="list-style-type: none"> <li>To enhance life skills through practical learning.</li> <li>To understand the core skills to confidently live independently.</li> <li>To increase learners confidence and knowledge and skill set.</li> <li>To promote socialising and communication skills.</li> <li>To enhance overall personal development.</li> </ul>  <p>Managing Your Own Home (Independence)</p>	<p>The dates of the project are <b>29<sup>th</sup>, 30<sup>th</sup> 31<sup>st</sup> July 2025 and 1<sup>st</sup> 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> August 2025</b>. The times of the project are <b>12:30 – 14:30 each day</b></p> <p>Kingfisher Youth Centre - youth wing.</p> <p><b>Referrals only</b></p> <p>For further details please contact  <a href="mailto:Martin.Forbes@leicester.gov.uk">Martin.Forbes@leicester.gov.uk</a> and  <a href="mailto:Debra.Bartlett@leicester.gov.uk">Debra.Bartlett@leicester.gov.uk</a></p>
<p><b>Young Carers Group</b>  <b>For Young Carers aged between 13 – 19.</b></p> <p>Youth Service will offer a Young Carers session once a week. This is a safe environment where young people can concentrate on being young people; meet others in a</p>	<p>To provide a safe space for Young Carers with shared experiences to socialise with peer group. We aim to create a safe comfortable environment for Young Carers to create their own space and sessions. Also:</p> <ul style="list-style-type: none"> <li>To build confidence and engage in activities away from caring responsibilities at home.</li> <li>Provide space for group discussion and programme planning.</li> </ul>	<p>The group meets on a Monday, 5.30 – 7.30pm  <b>Kingfisher Youth Centre.</b></p> <p>Please contact Anthony Grant on 07590444377 for Young Carers Group.</p>

<p>similar situation and join in with positive activities.</p> 	<ul style="list-style-type: none"> <li>• Young Carers Assessments. Young Adult Carer Transitions. Key workers.</li> </ul> <p>Support in Leicester for Young Carers rested solely with the Local Authority. Any children or young people that are identified as a Young Carer can have a referral through our Duty and Assessment Service on 0116 454 1004</p> <p>Young Carers can be supported via our Early Help and Prevention - Family Support offer, and in addition our Youth Service also delivers weekly sessions.</p>	
<p><b>SEND Youth Group</b></p> <p><b>Young people with additional needs 13 – 24yrs</b></p> 	<p>The Youth Group aims to offer: Basic first aid, and Personal care &amp; hygiene. Emotional support - Self-esteem, Friendships and relationships, Issues based support such as: Healthy relationships, Internet safety, bullying and conflict management also Covid 19 &amp; wellbeing checks.</p> <p>Positive activities – Cooking Quiz's, Arts &amp; Crafts, bingo, and Games. 1:1 Key Workers.</p> <p>There are 3 Tiers of support. Therefore, we aim to match young people referred to their needs and capabilities.</p> <p><b>Tiers 1</b></p> <p>YP with additional needs, mostly independent travellers, attending college, Volunteering, participates in whole group sessions, develop life skills, discussion groups, issue-based workshops, plan &amp; evaluate their own programme, YP leads evaluation after each session.</p> <p><i>(Cluster of Capabilities – Communication, Confidence, Planning &amp; Problem Solving, Relationships &amp; Leadership,</i></p>	<ul style="list-style-type: none"> <li>• Tuesday 16:30- 18:30 <b>Scraptoft Valley School.</b> New Romney Cres. Leicester LE5 1NH.</li> <li>• Wednesday 16:30 – 18:30 <b>New parks Youth Centre</b></li> <li>• Thursday 16:30 – 18:30 <b>Kingfisher Youth Centre</b></li> </ul> <p><b>Referrals only!</b></p> <p>For more information contact Anthony Grant on 07590444377</p>

	<p><i>Determination &amp; Resilience, Managing Feelings, Creativity)</i></p> <p><b>Tier 2</b> YP with varying needs (complex – additional), Aspects of Tiers 1 &amp; 3 incorporated, small groups, 1:1 monitoring. <i>(Cluster of Capabilities - Communication, Confidence, Managing Feelings, Creativity)</i></p> <p><b>Tier 3</b> YP with complex needs, non-verbal communication, like to isolate themselves, 1:1 constant monitoring. Communication, Confidence, Managing Feelings)</p>	
<p><b>SEND Transition Group (25yrs + social group)</b></p> <p>Our groups for SEND young people are embedded around the young people's needs and are personalised for them. We have a big emphasis on developing life and social skills within our programmes and the confidence to access other areas of society.</p>	<p>These sessions are specifically set up. to support the transition from our SEND Youth groups to external providers and self-autonomy. We are committed to supporting the young people to access further education or employment in the future.</p> <p>Our aim is:</p> <ul style="list-style-type: none"> <li>• to support each individual to reach their full potential.</li> <li>• To awards an end of group membership leaving certificate and ceremony.</li> <li>• Identify a safe meeting space within a LCC building.</li> <li>• Opportunity to meet with peers and socialise in a safe environment.</li> </ul> <p>Regular meetings initially supported by staff, working towards SEND young adults self-managing the sessions.</p>	<p>When: Thursday, 5.30pm-6.30pm Venue: <b>Kingfisher Youth Centre</b></p> <p>Contact: Anthony Grant 07590444377</p>

<p><b>Choices Clinic</b> A free, confidential, and friendly service for young people aged 24 and under.</p> 	<p>A free, confidential, and friendly service for young people aged 24 and under. The service offers:</p> <ul style="list-style-type: none"> <li>• Testing and treatment for sexual infections</li> <li>• Contraceptive pills</li> <li>• Contraceptive injection</li> <li>• Contraceptive implant</li> <li>• Emergency contraceptive pill (morning after pill)</li> <li>• Free pregnancy testing (for under 18s only)</li> <li>• Referral for abortion (or to a midwife)</li> <li>• Free condoms</li> </ul>	<p><b>New Parks Youth Centre - CHOICES Clinic</b></p> <p>This clinic is for those aged 24 and under only.</p> <p><b>Please call 0300 124 0102 to book.</b></p>
<p><b>Turning Point</b></p> 	<p>Turning Point Young People, Young Adults Service Team is very friendly! They are available to support young people:</p> <ul style="list-style-type: none"> <li>• Meeting them where they feel comfortable.</li> <li>• Giving advice and information about drugs and alcohol</li> <li>• Discussing what they are using, how much, and how often.</li> <li>• Supporting the changes, they would like to make.</li> <li>• Teaching new ways to cope</li> <li>• Helping them to cut down, quit and gain control.</li> <li>• Activities with Youth Service</li> </ul>	<p>Turning point available in youth clubs once month. Contact Turning Point for details. Tel: 0330 303 6000</p>